

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/01/2022															
Child Care Lunch	Total														
*Chicken, Nuggets ChildCare*	Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
*Potato, Tater Tots ChildCare*	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		338	23	483	4.28	1.52	410.0	664	40.19	23	20.01	40.38	9.99	2.96	0.00
% of Calories										27.3%	23.7%	47.8%	26.6%	7.9%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/02/2022															
Child Care Lunch	Total														
*Pizza, Cheese ES	1 Each	310	30	510	4.00	1.80	400.0	750	3.6	4	17.0	33.0	13.0	7.00	0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		572	44	853	8.24	2.29	838.0	16169	37.38	34	29.33	72.23	20.06	9.21	0.00
% of Calories										23.8%	20.5%	50.5%	31.6%	14.5%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/05/2022															
Child Care Lunch	Total														
*Lasagna Rollup, Cheese WG*	1 Each	230	35	400	2.00	1.08	300.0	500	6.0	5	14.0	27.0	7.0	4.00	0.00
*Milk, Variety*	8 oz	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Peaches, Diced*	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		529	48	853	4.59	2.00	678.2	3071	12.75	*39	24.67	70.65	15.75	5.75	0.00
% of Calories										*29.8%	18.6%	53.4%	26.8%	9.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/06/2022															
Child Care Lunch	Total														
*Hot Dog, Turkey-ELE*	2 oz	280	45	930	1.00	1.44	120.0	0	9.0	1	12.0	29.0	13.0	3.00	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Potato, Tater Tots ChildCare*	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
Weighted Daily Average		522	55	1236	3.12	1.44	470.0	500	26.68	27	22.99	66.69	18.48	5.00	0.00
% of Calories										21.0%	17.6%	51.1%	31.9%	8.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 12/07/2022															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Banana*	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		519	38	803	5.90	3.05	455.4	2304	10.35	*25	26.72	50.18	24.00	5.56	0.00
% of Calories										*19.2%	20.6%	38.7%	41.6%	9.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Thu - 12/08/2022															
Child Care Lunch	Total														
*Burrito, Bean & Ch.(Ele)*	Burrito	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Carrots, Raw*	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
Weighted Daily Average		583	19	915	12.05	4.09	610.1	15748	9.92	28	25.87	88.61	14.93	5.73	0.00
% of Calories										19.5%	17.7%	60.8%	23.0%	8.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/09/2022															
Child Care Lunch	Total														
*Pizza, Cheese ES	.5 Each	155	15	255	2.00	0.90	200.0	375	1.8	2	8.5	16.5	6.5	3.50	0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		451	33	710	5.34	1.96	655.9	3310	33.79	*30	21.46	54.16	17.64	6.53	0.00
% of Calories										*26.6%	19.0%	48.0%	35.2%	13.0%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Mon - 12/12/2022															
Child Care Lunch	Total														
*Taco Nada*	1 Each	310	30	410	5.00	3.60	80.0	200	1.2	1	18.0	40.0	10.0	2.50	0.00
*Fruit, Frozen Bar Orange*	1 Each	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		604	48	873	6.59	4.52	499.9	2471	7.15	*30	30.17	76.65	20.83	5.50	0.00
% of Calories										*19.7%	20.0%	50.7%	31.0%	8.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 12/13/2022															
Child Care Lunch	Total														
*Brk Bowl Pancakes Elementary*	Serving	330	70	500	4.00	3.78	100.0	500	0.0	11	16.0	35.0	14.0	3.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Syrup, Maple*	1.5 oz	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Celery Sticks*	.5 Each	8	0	38	1.00	0.09	20.0	200	1.2	1	0.5	1.5	0.0	0.00	0.00
Weighted Daily Average		635	80	720	6.13	3.87	470.0	1200	17.10	59	26.50	96.25	16.50	4.50	0.00
% of Calories										37.4%	16.7%	60.6%	23.4%	6.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/14/2022															
Child Care Lunch	Total														
*Enchiladas, Cheese (Ele)*	2 ea	203	31	297	1.87	0.20	308.4	379	0.0	3	11.92	15.94	10.84	7.06	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Weighted Daily Average		497	49	755	5.46	1.47	788.2	2750	41.95	*30	24.09	52.59	21.68	10.06	0.00
% of Calories										*23.8%	19.4%	42.3%	39.2%	18.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/15/2022															
Child Care Lunch	Total														
*Chicken, Nuggets ChildCare*	Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
*Potato, Tater Tots*	1 Each	148	0	356	1.98	0.36	0.0	0	3.56	0	1.98	18.77	6.92	0.99	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Banana*	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		416	23	680	4.58	1.65	352.5	597	10.35	20	21.55	50.75	14.09	3.51	0.00
% of Calories										19.4%	20.7%	48.8%	30.5%	7.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/16/2022															
Child Care Lunch	Total														
*Pizza,(Ele)*	Servings	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Tomato, Grape 1.25 c*	.25 Cup	13	0	4	0.36	0.73	0.0	4	7.27	*N/A*	0.36	2.18	0.36	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		405	20	658	5.01	*1.86	*396.0	*1261	*36.72	*27	22.38	56.43	10.36	4.20	*0.00
% of Calories										*26.8%	22.1%	55.8%	23.1%	9.3%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/19/2022															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Potato, Tater Tots*	.5 Each	74	0	178	0.99	0.18	0.0	0	1.78	0	0.99	9.39	3.46	0.49	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Peaches, Diced*	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		484	30	683	4.99	2.18	383.0	800	5.38	28	24.99	51.39	18.96	4.49	0.00
% of Calories										23.1%	20.6%	42.5%	35.2%	8.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 12/20/2022															
Child Care Lunch	Total														
*Sandwich, Chicken(ele)*	Sandwich	390	25	760	4.00	2.88	80.0	0	9.0	3	21.0	44.0	15.0	2.00	0.00
*Carrots, Raw*	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Weighted Daily Average		605	35	975	7.67	3.15	459.9	15655	30.25	34	31.84	82.44	17.72	3.53	0.00
% of Calories										22.3%	21.1%	54.5%	26.4%	5.3%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 12/21/2022															
Child Care Lunch	Total														
*Double Dogs*	1 Each	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		554	48	907	5.59	6.28	611.9	2426	41.95	*29	27.17	68.15	18.83	5.00	0.00
% of Calories										*21.2%	19.6%	49.2%	30.6%	8.1%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Weighted Average		514	39	807	5.97	*2.75	*538.6	*4595	*24.13	*31	25.32	65.17	17.32	5.44	*0.00
										*54.2%	19.7%	50.7%	30.3%	9.5%	*0.0%

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage											
Calories	514		558	92%			44	Correction Required - Calories are Low										
Cholesterol (mg)	39								807									
Sodium (mg)	807																	
Fiber (g)	5.97																	
Iron (mg)	2.75		3.30	83%	Missing	0.55		Correction Required - Iron is Low										
Calcium (mg)	538.6		267.00	202%	Missing													
Vitamin A (IU)	4595		790	582%	Missing													
Sugars (g)	31	24.07%			Missing													
Vitamin C (mg)	24.13		14.60	165%	Missing													
Protein (g)	25.32	19.69%	7.30	347%														
Carbohydrate (g)	65.17	50.68%																
Total Fat (g)	17.32	30.31%	<=30.00%					Correction Required - Total Fat too High										
Saturated Fat (g)	5.44	9.51%	<10.00%															
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing													

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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